

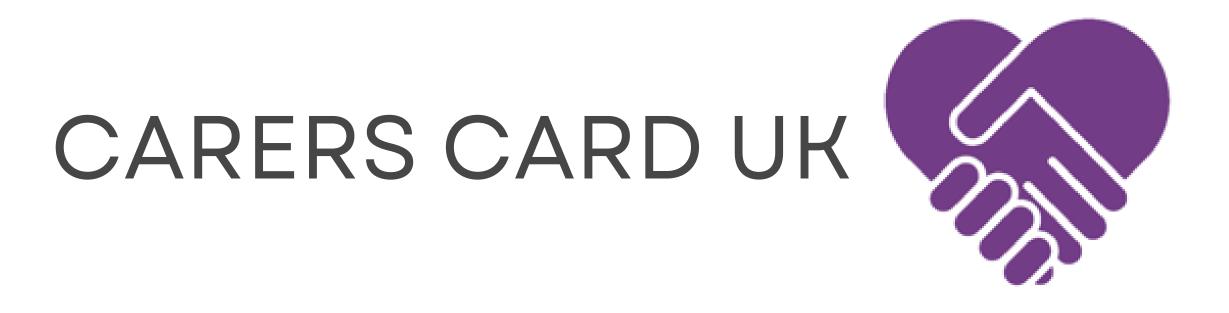
# CARERS CARDS AWARENESS SESSION

July 2025









#### What is the carers card?

The Carers ID Card is supplied by Carers Card UK and allows you to identify yourself as a carer.

Having a card can provide you reassurance by storing your emergency contact details, including a photo of yourself, as well as allowing you to access a variety of discounts, the Carer Circle tool, Wellbeing Hub, and so much more.

You can still keep your carers card from Universal Services for Carers, different cards may offer different support.

The card costs £8 for two years.

www.carerscarduk.co.uk

#### QR code

You can choose to upload your 'Emergency Plan' / 'Just In Case Plan' so that it can be accessed in an emergency. All you need is a smartphone camera and to answer the security question.



to be used in case of an emergency.

Your Carers Card also comes with access to an official app. Here's what you can access...

#### Online discounts for carers

According to the Cares Card UK carers are estimated to save on average £400 a year due to all the savings available!

There are over 21 discount categories and savings vary from online shopping, food & drink, and days out.

There are even discounts available for the market leading care product providers.

#### The Carers Circle

The Carers Circle is a great tool that can help you organise your caring duties and even involve others that are caring for your loved one too.

- Tasks
- Appointments
- Medication
- Wellbeing
- Invite others into the circle



### Personal Support

The 'My Support' tab gives you access to a wide variety of information to help you in your caring role. There are several categories depending on what you want to know more about. For example:

- Financial
- Health & wellbeing
- Legal
- Practical
- Technology & equipment



# Wellbeing

Your Carers Card UK account gives you access to lots of online support to go hand in hand with the wellbeing support you may also receive from services such as Universal Services for Carers. It's a hub where you'll find a wide range of resources aimed at promoting your wellbeing, including:

- Exercise videos
- Sleep audio books
- Mindfulness and relaxation

### How to register for a carers card

The cost for a card is £8 and this will last you two years.

To register please visit www.carerscarduk.co.uk and click 'register'. You will then be taken to the application page to fill in all the relevant details. As soon as you have completed this you will have immediate access to your account and the Carers Card UK app. A physical copy of your card will be with you in 7-10 working days.

You can also purchase a card for another carer if required.

Where possible it may be easier to register for your card on a smart phone, if you have one, so you can easily upload your photo. If not, a computer is also fine.

#### Dementia Card UK

If you are caring for someone with a diagnosis of Dementia, you may wish to purchase them a card they can carry around with them to alert others.

The Dementia Card UK is part of Carers Card UK, and you can access through their website. You do not need to have a carers card to purchase a Dementia card. The cost is also £8.

www.carerscarduk.co.uk/our-dementia-card



# The Blue Sky Social Care Card

# What is the Blue Sky Social Care Card?

Blue Sky Social Care Card is brought to you by Blue Sky Brokers. It is a card that gives carers access to a range of discounts and perks across the nation to show appreciation and recognition of your hard work.

All profits go to Disability Direct which is an East Midlands based charity that provides a range of support to the disabled community, carers, and the elderly.



#### Discounts and Perks

Your carers card can give you access to both online and in-person discounts.

When you register for a card you will be added to their members app which gives you access to the online discount codes for major companies such as Park Dean, JD, The Range and more.

You can also use your card at the majority of High Street Retailers and Restaurants that offer Forces and Frontline discounts such as Nandos, Starbucks, The Perfume Shop, and Superdrug just to name a few.

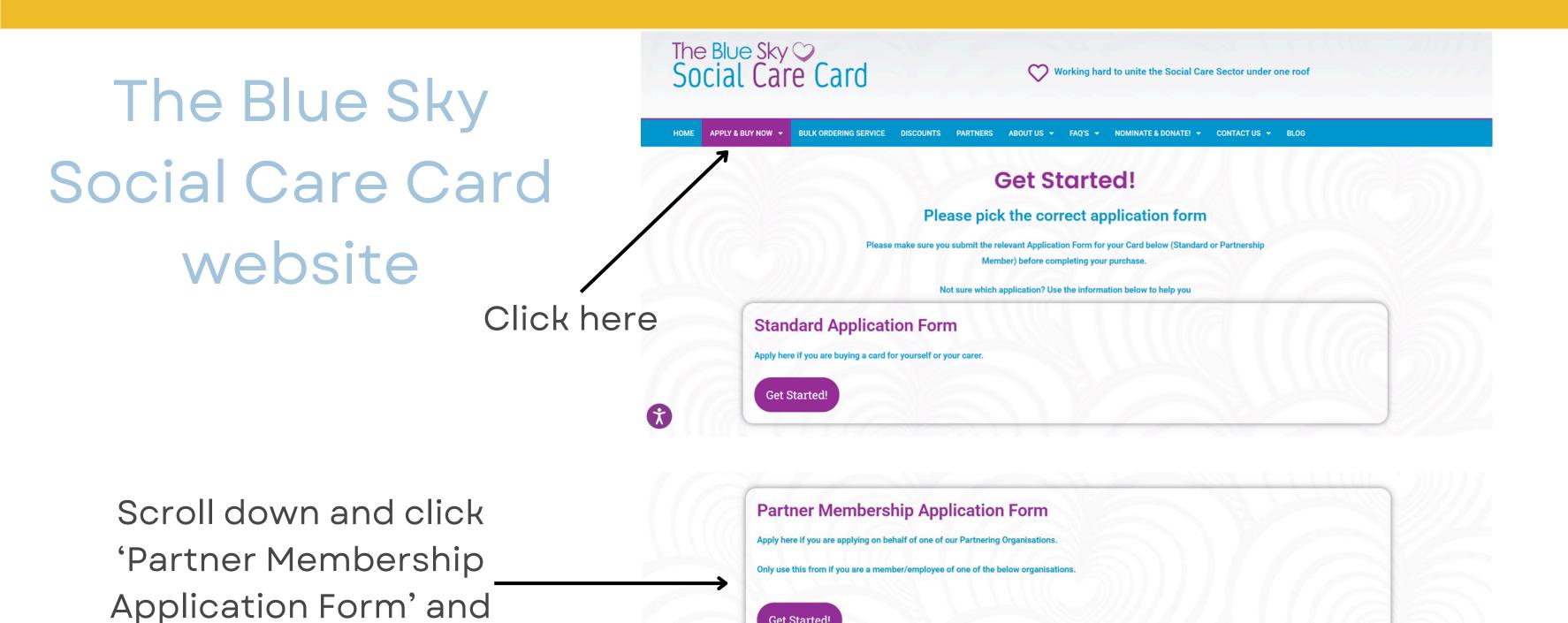
# How to register for a card

The Blue Sky Social Care Card is available to both paid and unpaid carers.

As an unpaid carer you must be a member of one of the Partnership Memberships, so as you are registered with Universal Services for Carers you will be able to purchase a card.

You can register by clicking 'Apply & Buy Now' on their website **www.blueskycard.uk**. You will then select the Partnership Membership option and fill in the online form (you can request a paper copy to be sent to you too if required).

The card should be posted out to you within 1 week. The cost is £5 and it lasts 1 year.



personal assistants

complete the form

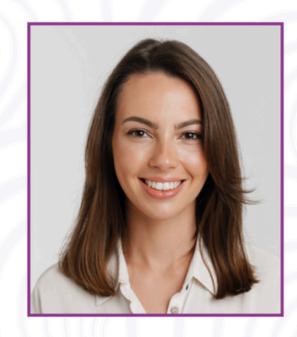
This is an example of what the card looks like for a paid carer.

The unpaid carers card will be very similar.

# The Blue Sky Social Care Card

The holder of this card is a paid Personal Assistant / Carer

Membership No. 00001



Jane Smith

**YOUR LOGO HERE** 

Expiry Date: 00/00/0000

# Are there any questions?



